

US system conversions		Metric-to-Metric				
length	12 inches=	1 foot	length	1 meter=	1000000 micrometers	
	3 feet=	1 yard		1 meter=	1000 millimeters (mm)	
	5280 feet=	1 mile		1 meter=	100 centimeters (cm)	
time	60 sec=	1 minute		1000 m=	1 kilometer (km)	
	60 min=	1 hour	time (same as US system)			
	24 hours=	1 day	weight	1 gram=	1000000000 nanograms (ng)	
	7 days=	1 week		1 gram=	1000000 micrograms (mcg)	
	365 days=	1 year		1 gram=	1000 milligrams (mg)	
(in this class, we ignore leap years)				1000 g=	1 kilogram (kg)	
weight	16 oz.=	1 pound(lb)		1000 kg=	1 metric ton	
	2000 lbs=	1 ton	volume	1 liter (L)=	1000 milliliters (mL)	
volume	16 fl.oz.=	1 pint		1 liter=	1000000 microliters (μL)	
	32 fl.oz.=	1 quart	1 liter of water weighs 1 kilogram			
	4 quarts=	1 gallon				
1 pint of water weighs about 1 pound						
			Big numbers			
				1 million=	1000000 (6 zeroes)	
				1 billion=	1000000000 (9 zeroes)	
				1 trillion=	1000000000000 (12 zeroes)	
US Conventional-to-Metric			Metric-to-US Conventional			
length	1 inch=	2.54 cm		1 cm=	0.3937 inches	
	1 foot=	30.48 cm		1 meter=	1.0936 yards	
	1 yard=	0.9144 m		1 km=	0.6214 miles	
	1 mile=	1.609344 km		1 g=	0.03527 oz	
weight	1 oz=	28.35 g		1 kg=	2.2046 pounds	
	1 pound=	0.4536 kg		1 Liter=	1.0567 quarts	
	1 ton=	0.9072 metric tons				
volume	1 fl.oz.=	29.574 mL				
	1 quart=	0.946368 Liters				
	1 gallon=	3.785472 Liters				
Temp.	$C = (F - 32) * 5/9$			$F = (C * 9/5) + 32$		